

2025  
CAIRNS



HEKILI 

GREAT BARRIER REEF

GBROC

Ocean Challenge

#MINIG

20 & 26 JULY



# Welcome to *paradise!*

Our Hekili family is excited to be welcoming you to Cairns for the Great Barrier Reef Ocean Challenge and MINI G Downwinder on Yirrigandji land and sea country.

One of the great things about living and paddling in tropical north Queensland is just when the rest of Australia goes into winter hibernation – it's our time to shine!

The sun is out and predictable South-Easterly trade winds kick in along our stunning coastline, delivering the best downwind runs you'll find anywhere.

GBROC 2025 and its sister event, the MINI G, give you an opportunity to challenge yourself on not one but two, awesome downwind runs over consecutive weekends **Sunday July 20 and Saturday July 26.**

Come for the week and enjoy some social paddling and discover the natural wonders of the World Heritage-listed Great Barrier Reef and ancient Wet Tropics rainforest.

So, leave your wetsuits and fleeces at home, pack a paddle and bring your sense of adventure because that's all you're going to need for what promises to be a wonderful week-long paddling holiday.

We can't wait to welcome you to our backyard and ensuring you have a memorable experience, on and off the water.

Yours in paddling

Rangi Waitoa-Drewniak  
PRESIDENT ~ HEKILI OUTRIGGER CANOE CLUB



# +MINIG

Yorkeys Knob to Ellis Beach

Sun 20 July 2025

# 20km

Race Co-ordinator | Jude Kennedy

hekili\_gbroc@outlook.com | 0417 030 957

MINI G is an open ocean race - every effort will be made to keep you safe on the water but novice crews must be realistic about their experience and capability.

Please note: An alternative short course may be offered at the discretion of the director, based on conditions and support boat availability.

## ELIGIBLE CRAFT

- OC6, Unlimited ,V3
- OC1 ,V1, OC2
- Ocean Ski
- Double Ski/Spec Ski
- SUP/Prone/Foil SUP
- Novice, 19U & 16U

## NOMINATION FEE Includes Race Shirt

### Early bird discount

[BEFORE Monday 30 June 2025] : \$90/paddler

[AFTER 30 June 2025] : \$110/paddler

**Payment deadline Monday July 7, 2025**

Late nominations [After July 7] : \$140/paddler

## REGISTRATION

Enquiries Ivan Ridley

hekili\_registrar@outlook.com

0407 117 242

Go to Australian Outrigger [www.aocra.com.au](http://www.aocra.com.au)  
click on 'Race Registration' & enter Member ID

| Not a member?

Click on 'I want to nominate for an event'.

| Non AOCRA

(Paddle Australia, non PA and international paddlers).

Scan QR code to complete the Visitor &  
International Indemnity Form

[https://form.jotform.com/hekili\\_gbroc/visitor\\_form](https://form.jotform.com/hekili_gbroc/visitor_form)

| International paddlers recommended to have own  
travel insurance cover



# +MINIG 20km

## OC6

MEN : WOMEN : MIXED  
All senior divisions; novice; 16U & 19U

## OC 1 | OC2 | V1

MEN : WOMEN : MIXED  
All senior divisions

## V3 | DOUBLE SKI | SPEC SKI

MEN : WOMEN : MIXED\*  
Open division \*[MIXED Min 1 Woman]

## SUP | PRONE | FOIL BOARDS

MEN : WOMEN  
Open division

## OCEAN SKI

MEN : WOMEN  
All senior divisions

8.00am

## Race Registration & Entry Point

Meet at Yorkeys Knob foreshore Sims Esplanade, to rig, register, confirm craft number, emergency contact and collect race shirt.

9.00am

## Safety Briefing

Please assemble at the briefing station promptly. Blessing will take place directly after briefing and immediately prior to race start.

9.30am

## Race Start ALL DIVISIONS

Craft to assemble between two starting buoys adjacent to the beach. Flags will be signalled from the start boat

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## Presentation & BBQ After the race

BBQ will be provided

**AOCRA SAFETY REQUIREMENTS APPLY TO ALL CRAFT**

# +MINIG 20km

## The Course

Yorkeys Knob to Ellis Beach  
Sunday 20 July 2025

Competitors paddle ESE (110°) for 4km  
Rounding a bouy with an ama turn and  
paddle NW (315°) for 12km towards  
Haycock Island (Scouts Hat) and Double  
Island before heading into Ellis Beach  
4km WNW (290°)

### TIDES

HIGH: 5.28am 2.08m  
LOW: 11.51am 0.64m

SUNRISE 6.45am

SUNSET 6.00pm





Yorkeys Knob to Four Mile  
Beach, Port Douglas

Sat 26 July 2025

**IRON &  
CHANGEOVER**

**45km**

Race Co-ordinator | Jude Kennedy  
hekili\_gbroc@outlook.com | 0417 030 957

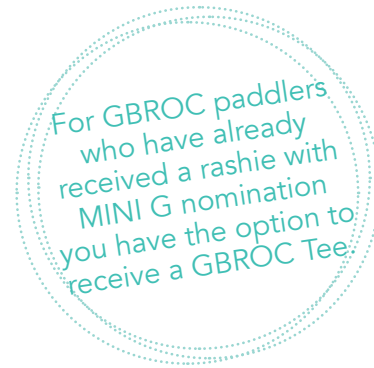
Registration Enquiries | Ivan Ridley  
hekili\_registrar@outlook.com | 0407 117 242

## ELIGIBLE CRAFT

**Changeover crews must have own support vessel. No beach changes.**  
(U19 with coach/team manager on board).

- | OC6, Unlimited
- | OC1 | OC2 | V1 | V3
- | Ocean Ski | Double Ski | Spec Ski
- | SUP | Prone | Foil

## NOMINATION FEE Includes Race Shirt



- IRON** Early bird discount [BEFORE 30 June 2025]  
\$130/paddler  
AFTER 30 June 2025 : \$150/paddler  
**Payment deadline Monday, July 7**  
Late nominations [After July 7] : \$180/paddler

## CHANGEOVER

- Early bird discount [BEFORE 30 June 2025]  
\$100/paddler  
AFTER 30 June 2025 : \$120/paddler  
**Payment deadline Monday, July 7**  
Late nominations [After July 7] : \$150/paddler

## REGISTRATION

**Enquiries** Ivan Ridley  
hekili\_registrar@outlook.com  
0407 117 242

Go to Australian Outrigger [www.aocra.com.au](http://www.aocra.com.au)  
click on 'Race Registration' & enter Member ID

- | Not a member?  
Click on 'I want to nominate for an event'.

- | Non AOCRA  
(Paddle Australia, non PA and international paddlers).  
Scan QR code to complete the Visitor &  
International Indemnity Form  
[https://form.jotform.com/hekili\\_gbroc/visitor\\_form](https://form.jotform.com/hekili_gbroc/visitor_form)

- | International paddlers recommended to have own travel insurance cover





## OC6

MEN: WOMEN: MIXED\*  
All senior divisions  
19U Changeover only  
[\*MIXED Min 3 women]

## OC 1 | OC2 | V1

MEN: WOMEN: MIXED\*  
All senior divisions [\*MIXED Min 3 Women]

## V3 | DOUBLE SKI | SPEC SKI

MEN: WOMEN: MIXED\*  
Open division [\*MIXED Min 1 Woman]

## SUP | PRONE | FOIL BOARDS

MEN: WOMEN: Open division

## OCEAN SKI

MEN: WOMEN: Open division

MEN: 9 paddlers [Golden/Platinum 10]

WOMEN: 10 paddlers max  
[Senior/Golden/Platinum 12]

MIXED: 10 paddlers max  
[Golden/Platinum 12]

19U: 10 paddlers max

Fri 25 July 2025

4-7pm

Registration

**Yorkeys Knob Boat Club**, 29 Buckley Street.  
Register for your race, collect rashie/s, confirm canoe/craft number and emergency contact.  
**\*NOTE: Team rashies to be collected by 1 person.**  
Drinks & meals on sale. All competitors & supporters welcome to join us for a catch up on the deck.

Sat 26 July 2025

8.00am

Race Sign In

**Yorkeys Knob foreshore**, Sims Esplanade

9.00am

Safety Briefing  
& Blessing

Blessing will take place directly after briefing and immediately prior to race start.

9.30am

Race Start  
ALL DIVISIONS

Craft to assemble between two starting buoys adjacent to the beach.  
Flags will be signalled from the start boat.  
Paddlers take best line NNW to Haycock Island (Scout's Hat). Smile for the cameras on way past Double Island, then run home to Port Douglas.

1-2pm

Race Finish

*Allow about 1 hour to return by car to Yorkeys Knob. Talk to organisers about shuttle bus or share ride options.*

Cross the finish line between two large orange buoys, directly adjacent to Four Mile Beach, Port Douglas Surf Lifesaving Club flags.  
Paddlers should anticipate and prepare for being on the water for 3 ½ to 5 hours. **Cut Off 5 ½ hours.**  
Note: if you have passed the prominent headland (known locally as Moby's Dick), you've gone too far!

Presentation Dinner Sat 6pm-Late

Dinner and medal presentations 6.30pm-7.30pm. Dance into the night with a band on the deck.

Pre-book your dinner: Set menu on the YKBC website [www.ykbc.com.au](http://www.ykbc.com.au) or order from bistro menu.

**AOCRA SAFETY REQUIREMENTS APPLY TO ALL CRAFT**



## The Course

Yorkeys Knob to Four Mile Beach, Port Douglas  
Saturday 26 July 2025

From the start line, competitors will paddle NNW (340°) rounding the southern side of Haycock Island (Scouts Hat), keeping Double Island on the left for 10.2km (5.5nm)

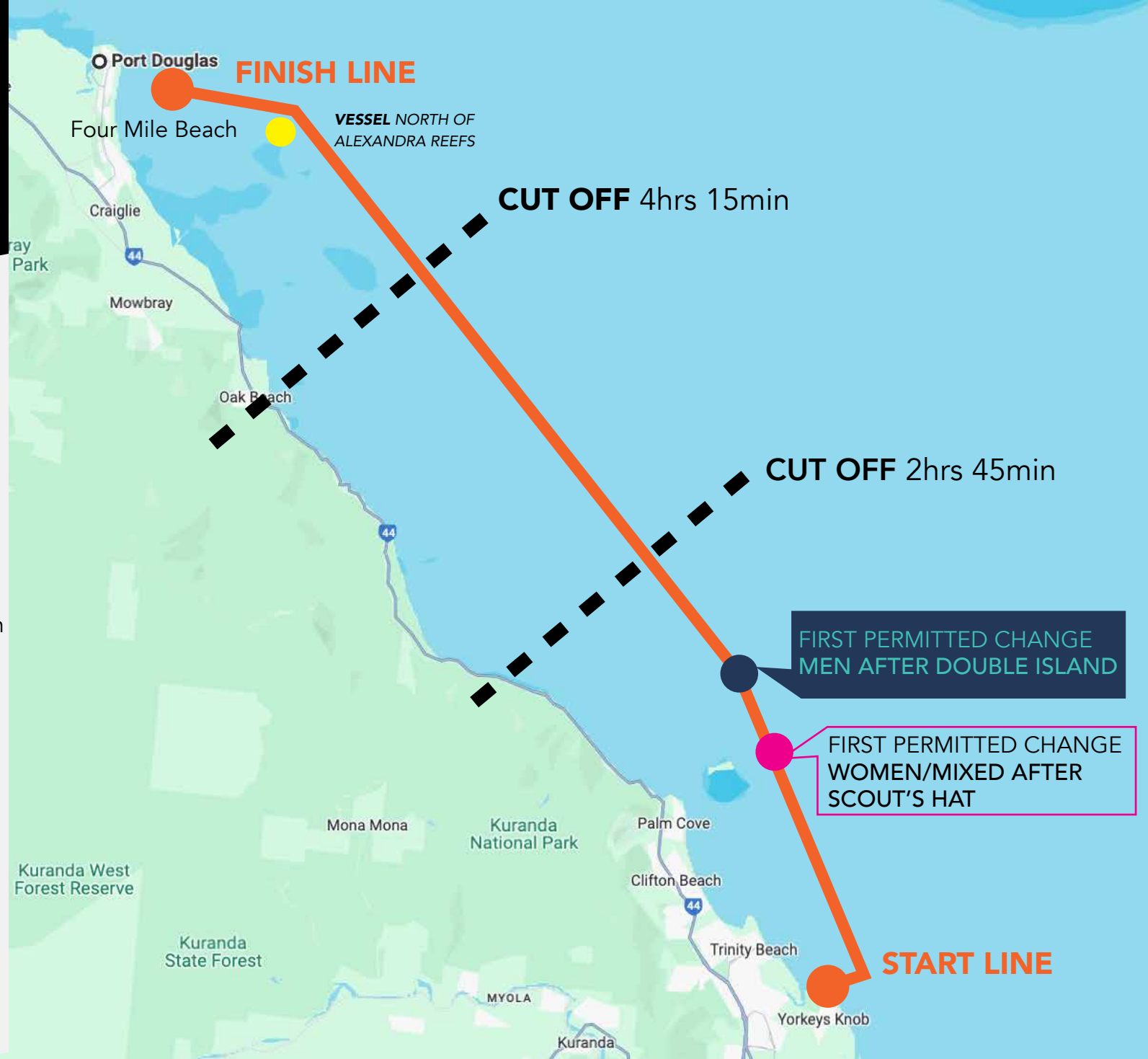
Competitors head NW (315°) directly to Port Douglas.

A vessel north of Alexandra Reefs will mark the final 3km (1.4nm) leg. Keep it ama side to avoid reef.

**TIDES** HIGH: 9.47am 2.10m  
LOW: 3.49am 0.5m

**SUNRISE** 6.44am

**SUNSET** 6.02pm



**ALL SAFETY CRAFT MUST HAVE EPIRB**



# Local Info



## MINI G Parking

**Race start:** Yorkeys Knob Beach, Sims Esplanade

**Race finish:** Ellis Beach, Captain Cook Hwy, north of Ellis Beach SLSC

**Canoe trailer parking:** Directly opposite race start and around the corner at YKBC Buckley Street.

## GBROC Parking

**Race start:** Yorkeys Knob Beach, Sims Esplanade

Canoe trailer parking: YKBC Buckley Street.

**Race finish:** Four Mile Beach, Port Douglas

**Canoe trailer parking:** Jalunbu Park, along Mowbray and Garrick Streets (behind Port Douglas SLSC)

## Canoe Hire & Support Boats

Hekili is able to loan canoes for a fee. We can also put changeover crews in touch with experienced local boaties willing to assist.

Crews will make their own arrangements directly with the boat driver to help cover fuel costs.

**Contact:** Emma Morgan

[rhys.emma@bigpond.com](mailto:rhys.emma@bigpond.com) | 0432 810 520

## Good Food & Coffee

**Memories Cafe:** Varley St, Yorkeys Knob Beach

On your way to the beach.

Mention to Amanda you're a paddler.

**TenO6 Cafe Bar:** Sims Esplanade, Yorkeys Knob  
Opposite GBROC / MiniG race start

**Yorkeys Knob Boat Club:** Buckley St, Yorkeys Knob  
Relax on the deck for dinner, drop in for coffee or sundowners, before or after your races.

# Local Info



## Be croc wise & sun smart

Cairns is in croc territory. Local paddlers are aware of this but most have never seen or encountered a croc while paddling. We avoid paddling in rivers and estuaries, particularly at dusk. Your marine encounters are more likely to be with a turtle or dolphin. Box jellyfish are not present in our waters between May and November. You may still consider wearing long sleeves and leggings for sun protection.

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## Keep Hydrated

Even in winter, it's warmer than you expect and conditions are likely to be different to what you have been training in. It's imperative paddlers keep well hydrated during and in the days leading up to races. Carry enough water and food with you to stay energised, particularly during GBROC, when you can be on the water for up to four hours or more.

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## Accommodation

### Convenient locations:

Yorkeys Knob and Cairns Northern Beaches

**Hotels:** Trinity Beach, Clifton Beach, Palm Cove and Cairns CBD

**Air BNB:** Yorkeys Knob, Trinity Beach, Palm Cove, Holloways Beach, Machans Beach

### Paddling Community:

Share a room or bunk with someone local!

# Cancellation and Refund Policy

- The Host, Zone or AOCRA may cancel an event inline with the AOCRA Rules.
- Cancellation more than 30 days before the event is at minimum a 80% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation more than 7 days before the event is at minimum an 70% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation more than 1 day before the event is at minimum a 60% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation on the day of the event is at minimum a 40% refund of the Host, Zone and AOCRA portion of the nomination fee.
- The Host, Zone and / or AOCRA reserve the right to refund at a greater value of their portion above.
- Refunds will be processed within 30 days of cancellation via the same method used for payment.

## Postponement

- Should the Host, Zone or AOCRA postpone an event, they are required to give notice at any time prior to the scheduled start time of an event.
- A date for the rescheduled event must be announced within 7 days of the original event date in writing by: email, sms alert notification or text message to your mobile device, Host Facebook page, written announcement on the AOCRA website. The Host reserves the right to postpone the event (where no refund will be issued).
- The rescheduled event program content/ format may change including scheduled times which is at the discretion of the Host and they reserve the right to do without notice.
- The Host, Zone or AOCRA may continue to postpone an event following the same process as above

## Nominee cancellation

- Once the nomination fee is paid there is no refund for change of mind.
- If you have paid the nomination fee and are unable to attend the event due to extenuating circumstances outside of your control, you may apply in writing using the AOCRA Request for Refund Form on the AOCRA website and email to support@acra.com.au giving details of the reason for requesting a refund.
- The Host, Zone and AOCRA are not obligated to refund their respective portions of the nomination fee, and if a refund is approved it will be processed in full less an administration fee of up to \$10 for processing the refund.
- AOCRA determines the administration fee at the time of processing a refund and retains the administration fee to cover their processing costs.
- The nominee cannot request a refund on the day of the event or after the start date of the event.

## Fee breakdown

NOMINATION PER PADDLER	CLUB	NQ ZONE	AOCRA LTD	TOTAL	RACE SHIRT INC.
GBROC IRON [Early Bird]	\$123	\$5	\$2	\$130	YES
GBROC IRON	\$143	\$5	\$2	\$150	YES
GBROC CHANGEOVER [Early Bird]	\$93	\$5	\$2	\$100	YES
GBROC CHANGEOVER	\$113	\$5	\$2	\$120	YES
MINI G IRON [Early Bird]	\$83	\$5	\$2	\$90	YES
MINI G IRON	\$103	\$5	\$2	\$110	YES



# HEKILI



OUTRIGGER CANOE CLUB  
CAIRNS • AUSTRALIA



[hekilioutrigger.com.au](http://hekilioutrigger.com.au)

# MINIG

Sun 20 July 2025

# 20km



Sat 26 July 2025

IRON &  
CHANGE OVER

# 45km